

Life Line Themes		
Themes	<p>What are the central themes in my life so far?</p> <p>These are derived from recurring events from the Life Line</p>	<p>How did it change me?</p> <p>Was there a decision point?</p>
<p><i>Relationships</i></p> <p><i>Family</i></p> <p><i>Travel</i></p> <p><i>Professional Career</i></p> <p><i>Medical Issues</i></p>		<p><i>Swore I'd never be like him</i></p> <p><i>Forming a stronger bond with my kids</i></p>
Events	<p>What were the events that dominated?</p>	
<p><i>Finding bottles of Alcohol and finding him collapsed</i></p> <p><i>Paris Trip</i></p> <p><i>Europe backpacking</i></p> <p><i>Afghanistan</i></p>	<p><i>Athens Trip</i></p> <p><i>Australia</i></p> <p><i>Seizures and Knee</i></p>	
Characters	<p>Who were the characters involved?</p>	<p>What strengths helped me along the way?</p>
<p><i>Father</i></p> <p><i>Travel - University Friend/Wife</i></p> <p><i>Seizures and Knee - Wife</i></p>		<p><i>Compartmentalized my Dad</i></p> <p><i>Determination to not be like him</i></p> <p><i>Travel – Adaptability and Curiosity</i></p> <p><i>Medical – Resilience and Determination</i></p>
Relationships	<p>What were the relationships that have sustained me?</p>	
<p><i>My Wife and my University friends</i></p>		