

Life Line Themes		
Themes	<p>What are the central themes in my life so far?</p> <p>These are derived from recurring events from the Life Line</p>	<p>How did it change me?</p> <p>Was there a decision point?</p>
Events	<p>What were the events that dominated?</p>	
Characters	<p>Who were the characters involved?</p>	<p>What strengths helped me along the way?</p>
Relationships	<p>What were the relationships that have sustained me?</p>	